## **PUNCHLINE**

Dandenong Ranges Orienteering Club Inc www.drocorienteering.com.au Incorporated Association Registered Number A0003225B ABN 76 002 329 218

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drocorienteering.com.au

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#### FROM THE EDITOR

I'm sure that like me, you are all heartily sick of the C-word. Everyone is aware of what it means for orienteering - no organised events until a date yet to be determined; major events like Easter and possibly the Australian Champs postponed till 2021; travel plans in disarray; toilet paper a priceless commodity; and websites full of suggestions of how to keep yourself navigationally challenged until this is over. For me personally, it means trying to stay fit by going for a run several times a week with my choice of local map; and trying to stay sane by keeping digitally connected to as many people as I can.

I've included an article explaining what we've been doing in the past couple of weeks, and some pretty cool puzzles and other "at home" activities that you might enjoy. There are also LOTS of maps for you to analyse. Apart from that, this issue has been disinfected and sanitised as much as possible. in the hope of offering some distraction for the strange reality we now find ourselves in.

The rest of the front page is dedicated to memories of the Melbourne Sprint Weekend, with more photos inside. Look back fondly, and look forward with anticipation till we can get together again,



Sally Barlow (1st overall Senior Girls), Damian Spencer (3rd overall M40), Janine Steer (4th overall W50)

#### DIARY DATES

Here's an update on planning for 2020, to the best of our ability.

## ∇ EPPALOCK 3-DAY, Queens Birthday Weekend, June 6-8 2020

POSTPONED - due to the lead time required to plan courses and organise other things, and to provide certainty for club members around travel and accommodation arrangements, we've decided to postpone this 3-day weekend feature event to a date yet to be decided. Course planners: Ian and Sarah Davies

## ∇ MELBUSHO POLICE PADDOCKS, Sunday July 12 2020

MAYBE - Orienteering Victoria has cancelled or postponed all organised events until at least May 31. Fingers crossed that some, if not all events can resume during June or July. Course planner: Carl Stemp

## ∇ SPRINT DOUBLE RMIT BUNDOORA, Sunday August 23 2020

MAYBE - see above. Course planner: Peter Hobbs

## ∇ MELBOURNE CITY RACE, PORT MELBOURNE, Sun November 29 2020

Let's hope this one is far enough in the future to be given the go-ahead! Course planner: Stuart McWilliam

To keep up to date with what's happening in Victoria and elsewhere, check these sources:

#### https://www.vicorienteering.asn.au/orienteering-victoria-covid-19/

Regularly updated news about how COVID-19 is impacting orienteering in Victoria, and the actions being taken to ensure our sport can stay on its feet and return to normal.

#### https://tasorienteering.asn.au/

If you are hoping to go to Tasmania for the Australian Champs in September-October, check in here for updates. A decision will be made no later than May 31; meanwhile entries have been suspended.

#### https://orienteering.sport/

For those thinking about travelling to the major international events, keep track of what's been cancelled or postponed. The list is growing daily, with nearly all major Championships being pushed back to allow athletes to compete with the right amount of preparation. The World Masters will not be held in 2020. The Cal-O-Fest in the US, comprising the North American Orienteering Champs and the World Rogaining Champs, has also been deferred to 2021. Decisions are pending for The World Champs and Junior World Champs.

## **DROC GOES SQUARE**

Just in time for suspension of events, we completed all the paperwork and joined the Square platform for credit card payments. This means you'll be able to enter (some) events, buy Park Street season tickets, and purchase Sportident sticks and other DROC Shop items, using contactless payment. We tested it out at our most recent event at Silvan.

We also just took delivery of a brand new 14" Windows 10 laptop to replace the old faithful one - still going strong but being a Windows 7 model, its days were numbered.

#### MEMBER NEWS

Welcome to new socially distanced members Bryan Keely (residing overseas) and Matt Maunder (residing in Renmark with fellow member Lanita Steer). We had the chance to meet Matt at the Melbourne Sprint Weekend, and we hear he is quickly learning his way around a map thanks to some excellent coaching!

## 2020 MEMBERSHIP RENEWALS DUE

2020 memberships were due by January 1<sup>st</sup>. If you haven't yet renewed, you only have a short period left before we remove you from the membership database. Even though we can't hold events, we hope everyone can continue to support the club, and orienteering in general, by renewing their membership for 2020. How to renew

#### DROC SHOP

The DROC Shop is still open for business remotely, and ready to get you kitted out for 2020 and beyond! We sell Sportident sticks (including SI Air sticks for those who want to speed up their race), and a range of compasses suitable for newcomers, at very reasonable prices.

We also sell Pro-Tech gaiters, fingerbands, and Silva headbands. <u>Prices can be found here</u>. Order by sending an email to <u>droc@iinet.net.au</u>.

We also have a range of running tops and jackets, in various designs and sizes. Contact <u>Peter Yeates</u> to find out what's in stock.

#### GET WELL SOON

Our thoughts are with Ros King, who suffered a bad fall several weeks ago, and subsequent health issues. Ros is recovering slowly and steadily, and is looking forward to getting back to power walking as soon as she can, with Phil giving us regular updates.

#### WHAT DO YOU DO IN LOCKDOWN?



While most of us are taking this opportunity to finish (or at least start) all those household projects that have been piling up for years, Peter Yeates decided to build a giant toilet roll holder for his giant toilet roll.

In fact, he and Ian Davies have been designing and building a prototype trestle stand for sprints, which will be much easier to assemble, carry and disassemble, when setting up or packing up.

We told Pete that when the loo paper ran out (some time in 2030), we'd use it to dispense splits prints!

Send me your creative ways of keeping occupied at home!

#### VIRTUAL ORIENTEERING IN MELBOURNE: MAPLINK AND DIY MAP LIBRARY

As soon as we realized a shutdown of orienteering events was imminent, plans were hatched to allow orienteers to continue using maps while exercising outdoors, in line with government restrictions. With the help and support of a number of clubs and individuals, we were able to quickly pull together a library of hundreds of maps from previous events, ranging from sprint, park street, bush and mountain bike maps. While the majority of maps are in or close to suburban Melbourne, other regional centres like Ballarat have been setting up their own DIY collections.

#### **DROC MAP ARCHIVE**

After seeing a post on Facebook about a lack of outer eastern and south eastern maps, DROC members were called on to swing into action. Within a couple of days, the DROC Map Archive was created from member contributions. As a result, we now have at least one, and usually multiple versions, of each of our Park Street maps. Some go back 10 years or more, providing a nice piece of nostalgia and history, as well as a way to keep enjoying orienteering.

If you'd like to contribute maps (pdf or jpg), contact <u>debbiedodd@iinet.net.au</u> and I'll send you a Dropbox folder link to load them into.

#### **OV DIY LIBRARY**

There are links to literally hundreds of maps here. You'll find sprint competition and training maps from Fredo and Mikkel; Melbourne City Race maps for anyone who wants a lunchtime run at Docklands; bush maps; MTB maps; and a huge collection of streetO maps from DROC and Bayside, as well as most maps from the recent Summer Series. Simply download and print a map, and use it to exercise within the Stay at Home Directions issued by the Victorian Government on 30 March.

#### PERMANENT COURSE MAPS

OV has provided free access to all its permanent course maps, during the restrictions. Permanent courses can be found in parks like Westerfolds, Cardinia, Darebin and Brimbank, and there are markers so that you know you've found the right spot. Most permanent courses are also set up in Maprun.

To request access to the Permanent Course maps, fill in the form at the bottom of the DIY Library web page.

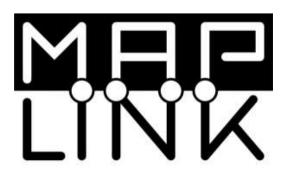
#### **MAPLINK**

Maplink was set up as a way to keep orienteers connected and talking about orienteering. Each week, several new courses are created, aligning with the Park Street winter fixture, so there will be a Monday, Tuesday (western), Wednesday and (usually) a Saturday map. Maplinks are made available via an OV web page. Download and print the map, and go for a run or walk whenever you choose. Keep track of your time, distance and points earned, and record them in the Virtual PAS scoring tracker. Join the Maplink Facebook group to compare notes and keep the conversation going.

At time of writing there are 10 Maplink courses available, with several new ones added each week. Most of these are also set up for optional use in Maprun, for people who want to track their route that way. Maplinks have no expiry so you can use them in any order, at any time.

If you volunteered to set a course this winter, your series coordinator will be in touch with you to obtain a copy of your map/courses and organise setup for Maplink.

Thanks to Stuart McWilliam who created the eye catching MapLink logo in record time!



#### PREZ SEZ - Peter Hobbs

I know my modern history reasonably well and know that there have been numerous world-scale 'disruptors' such as World War 1, the Spanish Flu, the Great Depression and World War 2. It appears that we are now experiencing the next major world-scale disruptor: all orienteering events cancelled!! (also known as the Corona virus). For the first time in many of our lives we are together facing this absence of orienteering and, if history is anything to go by, we will come out the other side and orienteering events will start up again (and we will beat Corona!)

From a personal perspective I'm really missing barista coffee and orienteering, and am feeling somewhat cooped up, due to working from home and trying to stay home unless it is necessary to go out. Walking to the local café to get a coffee is no longer a simple matter. One must first convince one's self that coffee is a



'necessary supply'. Then one must convince one's self that the walk to the café is 'exercise'. If these two criteria are met, the journey may be taken. However, one then questions one's self whether it is wise to even enter a café. One then recalls the supermarket visit from the previous day and one concludes the humble café is a better bet than the supermarket and proceeds to get the coffee.

In terms of orienteering, I have already run on some old maps from Cardinia Reservoir and Wellington Chase and have been running around the streets and parks of Hughesdale and Murrumbeena trying to keep fit. I'm not sure if the 20km drive is considered excessive travelling if it is purely for exercise purposes but I figure it is best to take these opportunities now because a full lockdown may mean this cannot occur. Ironically, on the very day I decided to enter the Easter Carnival in NSW, the whole carnival was cancelled.

DROC has a number of scheduled upcoming events including Queen's Birthday weekend, a MelBushO event on July 12 and the Vic Spring Series event on August 23 at RMIT Bundoora West that I am (was...?) course setting. Unfortunately, all of these are suspended until the current Corona situation improves. However the good news is that if we are able to orienteer again by August 23, I have set all courses for the RMIT Bundoora West sprint and it will be a ripper day featuring a morning traditional sprint followed by an early afternoon sprint designed for head-to-head action with butterfly loops and plenty of spectator controls.

It is amazing to think that only four weeks ago many of us were enjoying the Melbourne Sprint Weekend 2020. For those that attended, I'm sure you would agree it was an excellent weekend of orienteering offering all terrain types and world class courses and maps. The DROC team did an excellent job organising the La Trobe Bundoora event, including the elite sprint relay, which can be a notoriously complex task. I heard a number of post-event compliments about Ian Dodd's course setting being well suited to the relay; not overly complex but not too easy either.

The final day featured the new sprint orienteering 'knock-out' format. It reminded me of being at the horse races; there was entertainment and exciting competition but if you didn't understand the format and follow the progressive results, you could be left wondering what all the fuss was about. The knock-out men's final was quite exciting as three of the six finalists were top international level orienteers, and spectators were allowed access to the middle of the course area to see the action. This resulted in a swarm of spectators gravitating to the central garden area of Penola College, then back to the arena to witness Aston Key and Frédéric Tranchand arrive from different directions at the final control at exactly the same time. Aston ended up winning by a nose.

I urge everyone to try and stay positive and somewhat active during these strange times. Just like toilet paper did, orienteering will return!

#### PARK STREET NEWS

We almost made it through the second half of the Summer Series, and what an incident packed couple of months it turned out to be!

First we had the threat of bushfires, and the subsequent air quality concerns which caused us to cancel a Monday event at Dingley, after the controls had been put out. Luckily a group of people came anyway, and they pitched in to quickly retrieve the controls. Joel's course, which looked fantastic, was rescheduled into the Saturday winter series - little knowing what was ahead of us.

For the next couple of weeks we all became Airwatch experts, learning to read and interpret the EPA thresholds, and making on-the-spot decisions following hastily-written guidelines about going ahead with events. One Tuesday series event was also cancelled, but eventually the fires were quelled and the air cleared.

Then it rained. Mostly on one event - Tatterson. This was a brand new map, and Peter Grover, the mapper, had set a wonderful course showcasing the park, the tree maze, and the waterways. Less than 30 people had a chance to enjoy it, but after rave reviews, we... rescheduled it for a Saturday winter event. Little knowing what was ahead of us.

Things settled after that, and we held a terrific series of Qualifying events leading up to the exciting Park Street Champs Final at Mulgrave. Rumours of a nasty virus taking hold in China were starting to spread; but we were unconcerned, and continued on our merry way into March, making plans for the last few weeks and the Awards Night on April 1 (which happens to be the day I am writing this), and looking forward to the Easter 3 Day in Orange, NSW.

Of course we all know what happened from there, and how quickly things turned upside down. Organised events ceased two weeks before the end of the series, which allowed results to be calculated and winners declared. Certificates will be presented at a future date, when we can all get together safely and celebrate properly.

And look out for Dingley and Tatterson courses on Maplink during April!

#### DROC SUMMER SERIES PLACEGETTERS

Monday Summer Series

A1 - Andrew Hester 1st

B1 - Jav Kerlev 2nd

C1 - Ray Howe 2<sup>nd</sup>; Dale Howe 3<sup>rd</sup>

D1 - Debbie Dodd 1st; Peter Yeates 2nd; Joel Crothers 3rd

PW3 - Pam King 1st

B2 - Mark Besley 2<sup>nd</sup>; Stuart McWilliam 3<sup>rd</sup>

PW4 - Andrea Jackson 2<sup>nd</sup>

Tuesday Summer Series 1

C1 - Tony Bird 1st, Stuart McWilliam eq 2nd

Wednesday Summer Series

A1 - Peter Hobbs 1st; Michael Dardis 2nd

B1 - Jay Kerley 3<sup>rd</sup>

C1 - Ian Dodd  $1^{st}$ , Damian Spencer  $2^{nd}$ , Martin Steer  $3^{rd}$ 

C3 - Mark Besley 1st; Ray Howe 2nd; Stuart McWilliam 3rd

D1 - Debbie Dodd 2<sup>nd</sup>; Peter Yeates 3<sup>rd</sup>

PW2 - Helen Kerley 2<sup>nd</sup>

A2 - Matthew Grover 1st; Alicia Dymowski 2nd

B2 - John Grover 3rd

D2 - Pam King 3<sup>rd</sup>

PW4 - Allan Miller 2<sup>nd</sup>

### THE MILLENNIUM CLUB

No milestones to report this quarter; and with no events for a while, it will take people longer to reach the next level than they might have anticipated. Check your standings here

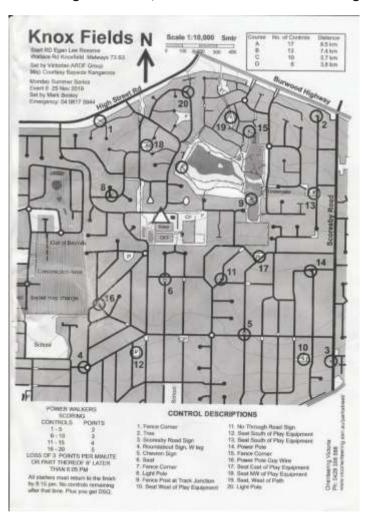
#### PARK STREET COURSE SETTER OF THE YEAR

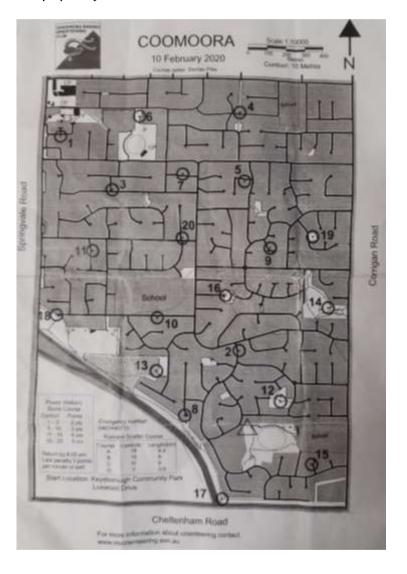
Who better to judge the 2019-20 Course Setter of the Year, than the current MEFTY title holder, Stuart McWilliam! Stuart has been to more events than anyone, and has a keen eye for what makes a good course and a well presented map. Stuart applied a rigorous points process (aka the Hobbs Method), and announced his winner as Martine Barrot (NE) for her excellent first time course at Waterford Valley. The outcome was extremely close, and came down to minor factors like missing course closure time, or not providing approximate course lengths.

A number of DROC course setters made the short list. Here is Stuart's final assessment:

Finalists - Mark Besley for Knox Fields; Merv Trease for Koonung Crossing Semi Finalist - Denise Pike for Coomoora Shortlisted - Ben Fullard for Buniil Run

Congratulations, and we look forward to seeing more top quality courses from DROC soon!





#### PARK STREET CHAMPIONSHIP 2020

The 2020 Park Street Championship were held on Monday 24 February at Mulgrave, with suitably challenging courses set by Judi Herkes. The flat course made for speed, but also required plenty of thinking and planning. It was great to see so many competitors really lift their game and race hard, and to witness some very close finishes and exciting "best of season" results.

#### **DROC** Results:

GOLD - Sarah Love, Ian Greenwood

SILVER - Michael Dardis, Ian Dodd, Denise Pike, James Love, Ros King, Muriel Neilson, Helen Kerley

BRONZE - Peter Hobbs, Damian Spencer, Peter Dalwood, Debbie Dodd, Christine Palmer

Finalists - Andrew Hester, Matthew Grover, Pam King

#### MELBOURNE SPRINT WEEKEND

At Race 2 - Deakin University - James Love and I started at the same time. At the end of our courses we raced each other down the finish chute and finished with exactly the same time - 17 minutes 34 seconds. I have to declare James the winner as he did a longer course! Stuart McWilliam

The 2020 Melbourne Sprint Weekend was held at the start of March, back in the good old days when social distancing was unheard of. Six races in three days - despite being sprints, MSW is a real test of endurance, and by the final day, your legs and brain are barely functioning. DROC's event was the Sprint Relay and Individual race at La Trobe University, with courses set by Ian Dodd. It was the second race on Day 2, and the fast, flat campus provided a marked contrast to the morning race - a bush sprint in a pocket of technical granite terrain at South Morang.

Pam King, Ilze Yeates and Peter Dalwood looked after the Information desk for the whole three days, while Debbie and Ian Dodd were kept extremely busy with Finish and Results. Stuart McWilliam produced an event bulletin that was a work of art, and Simon Rouse spent many hours in the preceding weeks handling entries and start lists, complicated by a world ranking event, and the final day's knockout sprint which was a real administrative challenge. It was a great team effort from many clubs and individuals, to produce the best ever MSW for over 330 participants.

DROC also had the honour of being the most represented club, with more participants than any other. Asha Steer, Lanita Steer, Peter Hobbs and Sarah Davies competed for Victoria in the four National League races, including the Relay.

#### Race 1 - Overnewton College

Heavy rain in the leadup turned parts of the course into sticky mud, and last minute construction work which cut the course in half, caused relocation of the arena to a rough, uneven paddock. These problems were overcome, and we enjoyed the complexities of a new map in a small school, with lots of variety and some good route choice legs. Asha had a top 10 finish in a field of 30 Elite Women, while strong age group performers were Peter Dalwood, Damian Spencer, Peter Yeates, Helen Walpole, Janine Steer and Ian Davies.

#### Race 2 - Deakin Burwood

An excellent update of the map was done by Peter Dalwood. Full advantage of the highly complex central campus was taken, and the first half dozen controls felt like being in the spin cycle of a washing machine! Artificial barriers added even more route choice puzzles to some legs, and it paid to slow down and plan well ahead. This was my favourite course; I didn't want it to end as I was enjoying the intense level of problem solving so much. Another top 10 for Asha, with Lanita and Peter midfield in the Elites. Peter Dalwood cleaned up the course but sportingly declared himself unofficial. Juniors Joel and Sammy had great runs to each place 4<sup>th</sup>. Again, a bunch of great results, with strong showings from Damian, Helen, Debbie, Ian Davies, Peter Grover, Sarah Love, Andrew Perkins and Janine.

#### Race 3 - Granite Hills

Something different for MSW - a bush sprint on the boulder strewn slopes above South Morang. Ian and I were absent as we were busy putting out controls at La Trobe, but by all accounts it was tough. Some loved it, others not so much. Some DROC members managed to stay consistent while others slipped a little in the overall placings. Damian, Helen, Ian and Janine all did well.

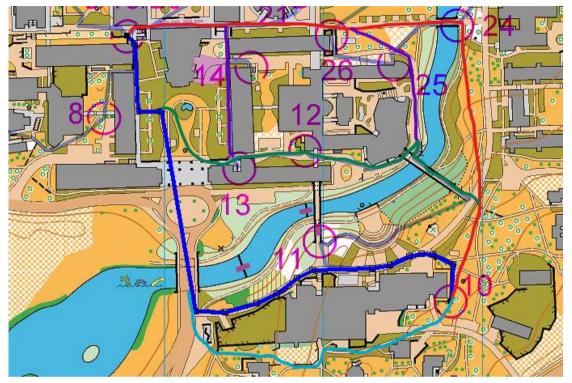
#### Race 4 - La Trobe

The Elite and Junior Elite classes competed in teams of four in an exciting Sprint Relay, carefully set by lan to provide plenty of action for spectators to enjoy. We were kept well and truly on our toes getting the arena set up, including lan's custom designed and built map line (we were not allowed to spike anything into the lawn). After the mass start, the DROC team swung into action to stage the individual race, using the same Course 1 and 2, then shorter variations for the other courses. It was great fun, with fast times but a degree of confusion with more mispunches than normal, caused by the pressure of mass starting and temptation to follow rivals into the wrong controls. Peter Hobbs was part of the best placed VIC 2 team after several mishaps with the higher ranked VIC 1 team. Best performed in the age group races were again Peter, Damian, Helen and Janine.

lan analysed route choice options on his favourite feature leg from each course. Here are two:

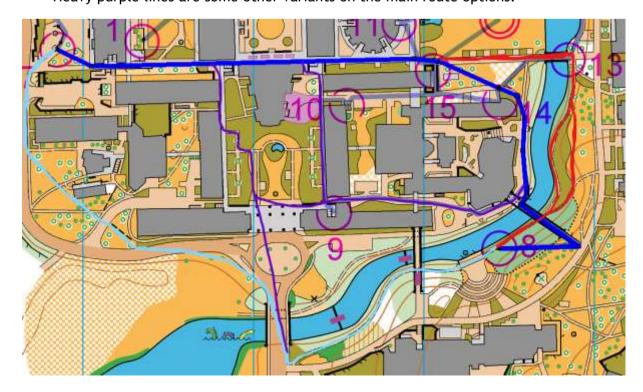
## Course 1 feature leg route options

- Dark blue route is about 464m in length
- Light blue (south) is a less favourable variant of the dark blue route at 469m
- Red is considered by the setter as the fastest running and is about 472m
- Green is feasible but the stair climb slows you down
- Heavy purple lines are other variants on the main route options



#### Course 4 feature leg route options

- Dark blue route is about 517m in length. It does feature a nasty staircase climb and angled, rough descent after the bridge.
- Light blue (west and south) is also about 517m but is very direct (fast) early on and has a simpler run into the control.
- Red options are also fast running and are both about 530m.
- Heavy purple lines are some other variants on the main route options.



#### Race 5 - VU St Albans

Even though we've used this campus numerous times, it always seems to confuse people. And so it proved; I had a huge error on my second control, sending me plummeting to the bottom of the results. There is always a danger in complacency! The first rounds of the knockout sprint made for exciting spectating, and frantic calculations and data entry in the finish tent as we worked feverishly to produce a start list for the afternoon final rounds. Lanita made the cut into the semi final, but Sarah and Peter bowed out at the qualifying stages. Another set of good results was boding well for our most consistent performers, Damian, Helen and Janine, while Peter Dalwood and Sarah Love also featured near the top of the results for this race.

#### Race 6 - Penola

Used once before, we had fond memories of this lovely school with its gracious English hedges and lawns, courtyards, and red brick buildings. By now we were physically and mentally drained, and in survival mode. There were lots of details to look out for, with minor route choice decisions proving critical. It was a great fun way to wrap up an amazing weekend. Once again, consistency cemented strong overall results for Damian, Helen and Janine, with Ian Davies and Sarah Love also having good runs in this race.

#### Overall

Peter Hobbs had a very respectable midfield finish in Mens Elite, while Lanita Steer finished in the top 10 Womens Elite. Asha did not compete on day 3 due to work commitments, but had three excellent results from her four races. Sarah Davies also competed strongly in the Junior Womens Elite for Victoria.

Of the juniors, Sally Barlow was the winner of Senior Girls; James Love was only 3 points behind the second placegetter in a really tight Senior Boys contest. A weekend of great racing by Damian Spencer gave him third overall in M40 (all those training sessions with Fredo paying off), while Helen Walpole was 5<sup>th</sup> in a large and competitive W40 group. Janine Steer was 4<sup>th</sup> in the even larger and equally competitive W50 class. Quiet achiever Stuart McWilliam was in the top half of M60. Denise Pike and Pam King were in the top 10 of W60, as were Peter Yeates and Peter Grover in M70. Ilze Yeates finished it off nicely with 4<sup>th</sup> in W70. Congratulations to all!

















Previous page: Lanita Steer, Helen Walpole, Pam King This page: Debbie Dodd, Sarah Davies, James Love, Sammy Love, Asha Steer, Denise Pike, Peter Dalwood













This page: Sarah Love & Ainslie Cummins, Stuart McWilliam, Andrew Perkins, Ian Davies, Peter Hobbs, Wayne Love

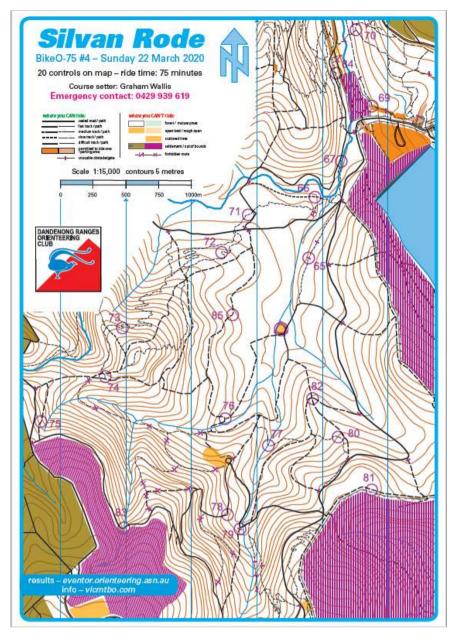
## THE LAST EVENT "BC"

The last organised orienteering event in Victoria before restrictions brought a sudden pause to the fixture, was a Summer mountain bike event. Graham Wallis set a course at Silvan, revisiting a venue we hadn't used for a while. It is always a beautiful spot with the towering gum trees all around.

It also has its very own weather system. Despite mild conditions and general dryness elsewhere, we had our own persistent rain cloud which sat right over the Eagle Nest picnic ground, where we were assembled. Brilliant sun alternated rapidly with soaking downpours, and riders on the 75 minute Score course came back wet, muddy, but smiling. Graham had once again set an excellent course that had many stumped, and the contours only added to the challenge.

Feedback afterwards included this comment from a competitor:

I just wanted to say thanks for running an exceptional event during an exceptional time today. To be honest the forecast and my knowledge of the contours left me anticipating a pretty hard day, I had an absolute ball.



We were all trying hard to maintain good hygiene practices and keep our distance, but I think everyone there knew the writing was on the wall as far as organised sport went. The verdict was issued next day, and organised orienteering around Australia went into hibernation for a yet to be determined period.



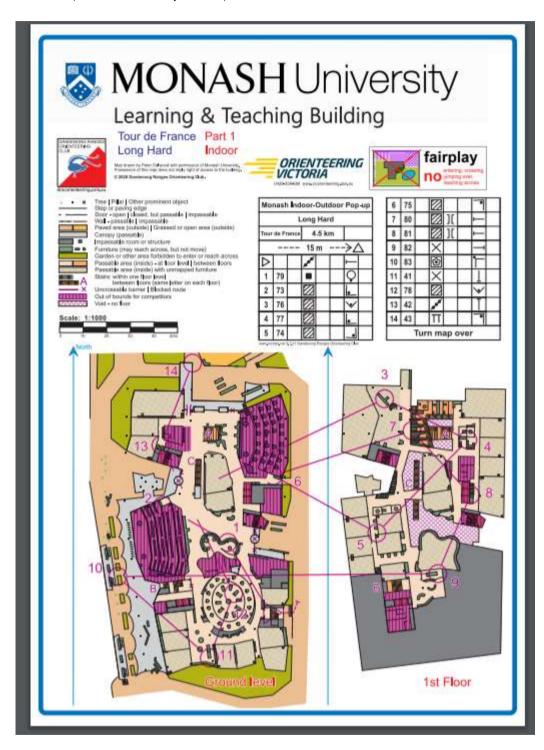
Thanks to Graham, Phil, Peter and Denise, and Peter Cusworth, for the preparation they did to enable this event to happen, and for the support received from the BikeO-75 organisers, both in the lead-up and on the day.

#### Footnote:

A week or two before the event, someone jokingly suggested we'd need to disinfect the SI sticks before and after use. We laughed. Little did we know that's exactly what we'd be doing ...

#### MONASH MEGA SPRINT

Last year's Monash Indoor Outdoor Sprint was so much fun, we did it all over again! This time we invited coach in residence and world class sprinter Frederic Tranchard (Fredo) to plan the courses. Many of us have had great fun and great benefit from attending Fredo's training sessions, and I especially enjoyed the chance to see how well he relates to juniors at the 2 day workshop held at RMIT; the kids absolutely loved it (and so did the parents).



This time, we combined both elements into a single race, with a map change the at transition point between indoor and outdoor. Competitors had a 1:1000 scale map covering the two lower floors of the Learning and Teaching Building, then after emerging outside, they had to immediately switch mode to a 1:4000 outdoor section, with every trick in the book thrown at them. The billed as a event, sprint, popup was popular hugely and highly acclaimed. **Thanks** again Monash Clayton, who continue to provide us with fantastic support and enthusiasm.

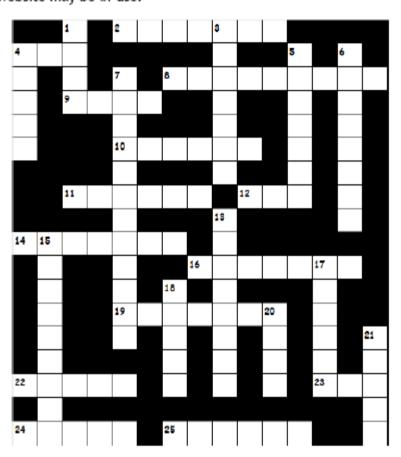
All of the Outdoor courses are in the DROC Map Archive, along with some older Monash courses.

Here is the "Tour de France" (longest course) Indoor section. Careful - it's not as easy as it looks!

## ORIENTEERING AT HOME - things you can do to keep your mental compass facing North

From the Scottish Orienteering Association - the **Daily Puzzle** Here are a couple of examples - there are lots more on the SOA website - along with the solutions!

Complete the crossword where all the clues are given as images from control descriptions. If you need some help with the control descriptions, the Newcomer's Guide on the British Orienteering website may be of use.



Acro	oss:					Dow	n:				
2.		(7)	14.	$\blacktriangle$	(7)	1.	$\triangleright$	(4)	15.	#	(9)
4.	Π̈́	(3)	16.	Ľ	(7)	3.	*	(3,4)	17.	*	(6)
8.	<b>%</b>	(9)	19.	$\overline{}$	(7)	4.	$\top$	(5)	18.	\$389 \$389 \$359	(5)
9.		(4)	22.	<b>W</b>	(5)	5.	*	(7)	20.	$\aleph$	(4)
10.	)(	(6)	23.		(3)	6.	$\bigcirc$	(8)	21.	<b>=</b>	(5)
11.	(~)	(6)	24.	•	(5)	7.	+	(5,3,4)			
12.	$\vee$	(3)	25.	$\Box$	(6)	13.	$\Diamond$	(4,4)			

#### Orienteering Logic Puzzle

5 orienteers each undertook a different course at a recent event. Each reported that they had made a different error during their course. Using the following clues and grid can you match up the orienteers with their courses, times and errors.

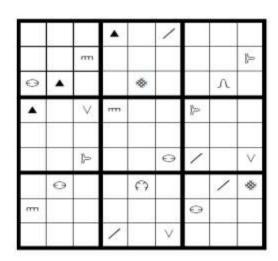
- Olivia ran fast but overshot her control and did not get the shortest time of the 5 but was quicker than the person running the green course.
- 2. The orienteer who forgot their compass was running the yellow course.
- 3. The shortest time was achieved by the orienteer on the white course.
- The longest time was recorded by the orienteer who lost contact with the map, even although they were not running the course which covered the longest distance.
- Suzie was practising using bearings on the orange course, but went wrong and took the wrong bearing.
- 6. Jack ran the green course.
- 7. Bob took 44 minutes and was out for more time than Suzie.

		W rong bearing	Overshot Control	Lost Contact with map	Distracted	Forgot Compass	25 mins	38 mins	44 mins	67 mins	85 mins	Blue	Green	Onange	Yellow	White
	b	$\Box$														
Cart	_	_				Ш							L			
Ja	ck															
Oliv	ia															
Suz	ie															
Bl	ЭU															
6re	en															
Oran	ge															
Yello	w	П				П										
Whi	te															
25 mi	ns					П						•				
38 mi	ns	$\neg$														
44 mi	ns	$\neg$				П										
67 mi	ns	T				П										
85 mi	ns															

Orienteer	Error	Course	Time

#### SudokO

Help the planner set courses for this event. They need nine courses using the same nine features for each map. The nine maps are outlined in the grid below and some of the controls are already in place. Your task is to map the rest of the controls so that there is only one of each feature in each row, each column, and each map. The nine control features which can be used are  $\bigcirc$   $\triangleright$   $\bigwedge$   $\lor$   $\swarrow$   $\bigotimes$   $\blacktriangle$  m



# EARLY ENTRIES FOR LEAP-O DOUBLE HEADER (written with prescience before March 2020)

The opening round of the Melbourne Park and Street Saturday Coffee Series Double Header took part on Saturday 29<sup>th</sup> February. The event was well attended on one of the finest days for some weeks. Denise Pike set a great course making good use of the linear park along the Mullum Mullum Reserve Ringwood.

Organisers point out that the next event of the Double Header series will be on the next Saturday 29<sup>th</sup> February, which falls in 2048.

Pre entry is not required but due to the expected increase in numbers the organisers would like an early indication of your intention to compete in order to have enough maps - so *leap* in now.

Venue TBA but age classes will be increased as Mike Hubbert has indicated his intention to enter as M120+ (ZF)\* Don't miss out - mark this date on your calendar now!

\* Zimmer Frames must not be motorised.





## DRESSING UP

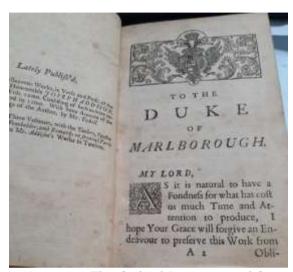
A trend that started in Hervey Bay has gone global, with people all over the world dressing up to put their rubbish bins out - when in isolation, that's the closest you can get to an outing. Princesses, mermaids, pandas, superheroes - and now orienteers - have been spotted in costume as they wheel their bins out to the nature strip.

Recognise anyone??

WHAT TO DO WHEN THE LIBRARY IS CLOSED (and the Orienteering is cancelled) - Peter Yeates (in isolation, but still having the last word)

Ilze's long career in the printing industry and my lifelong aversion to discarding "old friends", has left us with a house full of books. We have a total area of Ikea Billy Bookcases (the assembling of which is soon to become an Olympic sport) reaching 17.26 square metres, with a lineal shelf distance extending to 47.60 metres.

They range in age from a copy of "The frectator," publiffled in 1733 to "The Handmade Loaf" by Dan Lepard that Ilze ordered on line yesterday.



They vary in size from Cayley's What Bird is That, weighing in at 3.85kgs, to a Lilliput Libraries French Dictionary at 11 gms.

I have decided to start on the top shelf in my office, south wall, east end, and there I find a copy of *Love* in the time of *Cholera* by Marquez. Well perhaps not that one then.



Next to it The Oxford Dictionary of Quotations (no pedant should be without one). Over the years I have bookmarked a number of my favourite authors from the classic Roman period and among them are these pertinent remarks echoing down over two millennia.

Firstly, from cOvid19 on Orienteering and the virus -

"Medio tutissimus ibis." A middle course is the safest to take.

"Video meliora, proboque: detorora sequor." I see the better way and approve it; I then follow the worst.

"Procul hinc, procul este severae!" Far hence, keep far from me, you grim woman.

Then this gem from VIRusGIL -

"Forsan et haec olim, meminisse iuvabit." Maybe one day we shall be glad to remember even these things.

#### From JUVENAL -

"Cantabit vacuus coram, latrone viator." Travel light and you can sing in the robbers face"

On a more sombre note, these, from VOLTAIRE on War. "God is on the side, not of the heavy battalions but of the best shots"

"We owe respect to the Living; to the dead we owe only the truth"

Finally, from PETE, with apologies to Keats, "take care in theses aching times, these moments big as years and hope again to meet under the same bright patient stars."



I am off to the garage to build more toilet paper holders and hope that the Severae will do cheese toasties for lunch.